

HUNDREDS CELEBRATE INTERNATIONAL DAY OF YOGA - IDY 2009, June, 21st. – LISBON

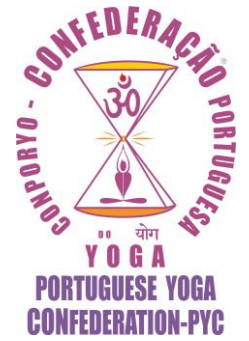
Confederação Portuguesa do Yoga - CONPORYO, Federação Lusa do Yoga - FLY and Associação Lusa do Yoga – ALYO
(Portuguese Yoga Confederation – CONPORYO, Yoga Lusa Federation – FLY and Yoga Lusa Association – ALYO)



Hundreds of participants were gathered last Sunday, June 21st. at Estádio INATEL / 1st. May, in a Mega Yoga Class to celebrate a Day for World Peace, for the end of thirst and hunger and for the fainting of world inequalities. The initiative is promoted by the FLY (Yoga Lusa Federation), ALYO (Yoga Lusa Association) and the Portuguese Yoga Confederation.



Demonstration of Yoga in Pairs by PASHUPATI

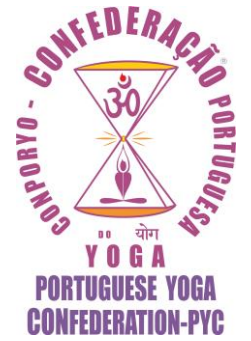


The President of the Portuguese Yoga Confederation, Jorge Veiga e Castro, Yoga Master underlines the importance of this Day and of this ageless practice “since 2001 that this Day seeks to establish a new era of World Peace, it’s the day of fraternity, when all people should celebrate differences as a richness and appeal to their leaders to end war in the Planet.”



Demonstration of Yoga in Pairs by PASHUPATI Group

The Yoga Master adds that “Yoga allow us to attain inner peace and outer peace which, nowadays, at times of greater difficulties, we need so much.” The program included melodic presentations of Kirtana by the Orchestra Choir – OMKÁRA, and fantastic Advanced Yoga Demonstrations by PASHUPATI, for Children, Youngsters and Adults.



Lady Maria Barroso – The Godmother of the Project



INATEL Foundation
Lady Maria Barroso
Her Excellency India's Ambassadress

Lady Maria Barroso, Godmother of this Project, was one of the personalities attending the event, as well as India's Ambassadress. D.R. Kaarthikeyan – President of Foundation for Peace, Harmony and Good Governance – stated “this initiative will change the world”. Also present were Laxmi Shah - the representative of the United Nations, Shri Svámin Yogasvarupánanda Jí – Shivananda Áshrama and the representative of Shrí Shrí B. K. Iyengar Jí – José Maria Vigar.

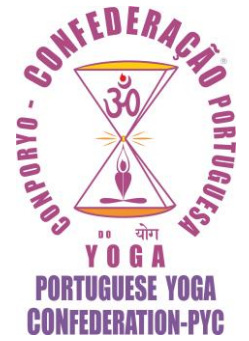


PASHUPATI – Demonstration of Advanced Yoga



José Maria Vigar – director of the Yoga school "Sadhana de Yoga Iyengar"
Master Jorge Veiga e Castro – President of the Portuguese Yoga Confederation
Shri Svámin Yogasvarupánanda Ji – Vice President of The Divine Life Society – Shivananda Áshrama of rshikesh
D. R. Kaarthikeyan – President of Foundation for Peace, Harmony and Good Governance
Her Excellency, India's Ambassadress

European Commission's President, Durão Barroso, and Brazil's President Lula da Silva were bestowed with the 'Sérgio Vieira de Mello Award' this year, honoring two sides of this award, the first being the relentless work undertaken by President Lula da Silva concerning the preservation of the world's lung, the Amazonian Forest which, together with the water, the green and the oxygen is the other half of the Planet. The second side of this award is dedicated to the European Representative, because alongside ecology, it constitutes the second pillar of the quality of life and hope in the Planet. Europe has been a beacon of union, balance and diplomacy in the World of our days.



Demonstration of Yoga for Youngsters

Celebrated since 2001, International Day of Yoga - IDY is an international initiative that aspires to make this day the first World Holiday pronounced by the United Nations and UNESCO, gathering the main national political parties, the representatives of the most important religions in the world and the most reputed Yoga schools in Portugal and in the World. Due to this noble objective, the project is mentored by several National and International personalities of all corners of society.

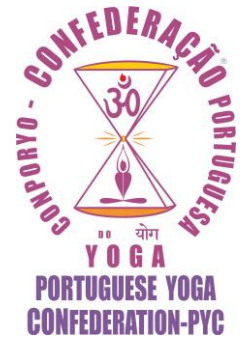
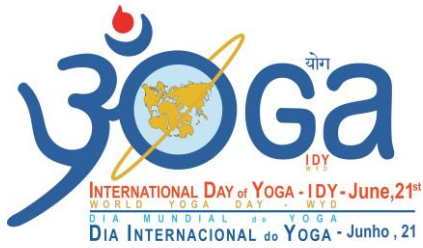


Guru Dileepji, Dr. Jagadish Bhutada - Kaivalyadhama Yoga Institute, Laxmi Shah – Representative of the United Nations, D. R. Kaarthikeyan – President of Foundation for Peace, Harmony and Good Governance, Master Jorge Veiga e Castro – President of the Portuguese Yoga Confederation, Shri Svámin Yogasvarupánanda Jí - Vice President of the Divine Life Society – Shivananda Áshrama

Other Honourble Guest hilated the importance of Yoga to achive World Peace and Personal Development Guru Dileepji – President of International Gurukulam.Yogabhavan of India & USA, Dr. Jagadish Bhutada - Kaivalyadhama Yoga Institute – Lonavala, Shri Kantilal Vallabhadas - President of the Shiva Temple, Shri Kirit Bachu – representative of the Radha Ksrhna Temple, Shástríji Nitish Jí Trivédi - Radha Ksrhna Temple.



Shri Kantilal Vallabhadas - President of the Shiva Temple, Shri Kirit Bachu – representative of the Radha Ksrhna Temple, Shástríji Nitish Jí Trivédi - Radha Ksrhna Temple, representative of the Portuguese Buddhism Union, representantive of the Fé Bahai Community



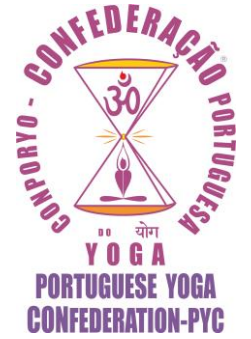
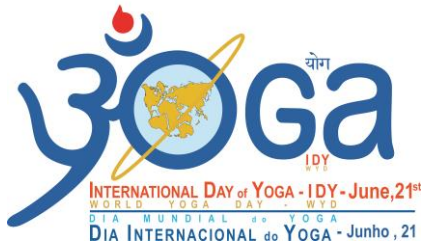
National and International Yoga Schools

Also present at the event were the President of the Dutch Federation of Yoga Teachers and the President of the European Council of Yoga, alongside with representatives of the Buddhist Association in Portugal, Brahma Kumaris, Hare Krishna, Kundalini Yoga, Shri Vishvannada Ji and several National Yoga Schools.

This year, the Celebration focused also the dedicated work of QUERCUS and DECO, represented at the event by Susana Fonseca and Jorge Morgado, respectively, and the plea for peace in Iran.



Yoga for Children

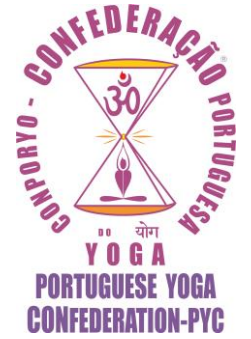
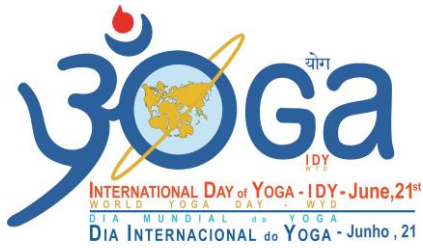


Following the Mega Yoga Class that gathered families, a vegetarian lunch was served and, during the afternoon, there was also a demonstration of Indian Classical dance and performances by several Yoga Schools.



Orchestra Choir OMKÁRA

This Event has the support of the Lisbon City Hall, INATEL, ProDignitate Foundation, Youth Foundation, Instituto Português da Juventude (Portuguese Youth Institute) and the Hindu Community in Portugal.



PASHUPATI – Demonstration of Advanced Yoga

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