

## INTERNATIONAL DAY OF YOGA - IDY 2005

### The Woodstock of Yoga in Portugal

This year, the Yoga's World Day was celebrated on June, 26th  
The theme was "One Planet – One Race – HUMAN"

The world proponent: Associação Lusa de Yoga and Yoga Sámkhya

The biggest Yoga class ever, with more than 1000 participants



The Yoga's Woodstock in Portugal



Over one thousand practitioners from all over the country



The Yoga Teachers (circa one hundred) with Planetary Consciousness (partial view)



Professor Fernando Pádua addressing his speech





OMKÁRA Choir and Orchestra



Inter Ethnic Pair - Adult / Child



The spectacularity of Yoga in Pairs



Pahupati Shakti





Pashupati - Demonstration of advanced Yoga



Children in Yoga – The dream is the future



Guests of Honor: Indian Embassy and Hindu Community